

YOUR CHILD LEARNED >>>

This chapter discusses how we celebrate Jesus' sacrifice and gift of himself in the Eucharist at Mass.

God's Word



Read **Matthew 6:24** to see what Jesus says about sacrifice and serving God.

Catholics Believe

- The Eucharist is a memorial of the sacrifice Jesus made.
- The Liturgy of the Eucharist is the second main part of the Mass.

To learn more, go to the *Catechism of the Catholic Church* #1356–1358 at usccb.org.

People of Faith

This week, your child met Blessed Imelda Lambertini, the patron Saint of children receiving First Communion.

CHILDREN AT THIS AGE >>>

How They Understand the Liturgy of the Eucharist Many children have heard the words of the Liturgy of the Eucharist without fully realizing or understanding what they mean. It is hard for children this age to understand how and why Jesus gave himself as a sacrifice for all of humanity. The ritual form of this portion of the Mass will help your child to continue to reflect upon and grow in his or her understanding of Christ's sacrifice and its meaning for each of us.



CONSIDER THIS >>>

What have you sacrificed for your children as a gift of love?

Becoming a parent sets one on a lifelong journey of sacrifice—sacrifices that come from love. This love gives us a glimpse of the love and sacrifice of Jesus. "In a self-centered culture where people are taught to extend themselves only for something in return, the sacrifices each of us make, following the example of Jesus, who freely sacrificed his life in love for all, point to the reality and power of God's love for us" (*USCCA*, p. 221).

LET'S TALK >>>

- Have your child explain what a sacrifice is and how Jesus sacrificed for us.
- Talk with your child about when he or she will have First Communion.

LET'S PRAY >>>



Blessed Imelda Lambertini, pray to God for us that we may receive Holy Communion with reverence. Amen.



For a multimedia glossary of Catholic Faith Words, Sunday readings, seasonal and Saint resources, and chapter activities go to aliveinchrist.osv.com.