

YOUR CHILD LEARNED >>>

This chapter explains that in the celebration of each Sacrament, there are visible signs and Divine actions that give grace and allow us to share in God's work.

Scripture



Read **Ephesians 1:3, 7–8** to find a blessing for God for all the blessings the early Christians received.

Catholics Believe

- The Seven Sacraments are effective signs, instituted by Christ, that give grace and continue his saving work in the world.
- The Sacrament of the Eucharist is at the heart of Christian life.

To learn more, go to the *Catechism of the Catholic Church* #1210, 1407 at usccb.org.

People of Faith

This week, your child learned about Saint Margaret Mary Alacoque, the promoter of the Devotion to the Sacred Heart of Jesus.

CHILDREN AT THIS AGE >>>

How They Understand the Sacraments Children at this age, while still bound to their five senses, are better able than younger children to see the connections between rituals and their meanings. This can help them gain a deeper appreciation of the Seven Sacraments as they know that what they are seeing and hearing in sacramental celebrations is a sign of, and participation in, something invisible as well.



CONSIDER THIS >>>

Who do you know who understands the Eucharist as a sacred gift and not an obligation?

Perhaps we might see it the same way if we became more aware that Jesus' gift of his life is given again for us each time we receive the Eucharist. We need to open our hearts to receive the gift we long for: the gift of knowing we are loved that perfectly, that completely. As Catholics, "we need to remember that the Eucharist is the summit and source of our Christian life. Why? Because in the Eucharist is found the entire treasure of the Church—Jesus Christ" (*USCCA, p.228*).

LET'S TALK >>>

- Ask your child to name the Seven Sacraments.
- Talk about the different Sacraments family members have celebrated.

LET'S PRAY >>>



Saint Margaret Mary Alacoque, pray for us that we may learn to love Jesus in the Eucharist as much as you did. Amen.



For a multimedia glossary of Catholic Faith Words, Sunday readings, seasonal and Saint resources, and chapter activities go to aliveinchrist.osv.com.