

## YOUR CHILD LEARNED >>>

*This chapter explains how prayer can deepen our faith, and help us trust in God during our journey, just as Abraham and Sarah did.*

### Scripture



Read **Deuteronomy 31:8** to find out who will walk with us on our faith journey.

### Catholics Believe

- God calls you on a journey of faith toward salvation.
- The path toward salvation is paved with prayer, which allows the Holy Spirit to lead you away from sin.

To learn more, go to the *Catechism of the Catholic Church* #176–184, 2558–2565 at [usccb.org](http://usccb.org).

### People of Faith

This week, your child learned about Saint Monica, whose persistent prayer eventually led to the conversion of her famous son, Saint Augustine.

## CHILDREN AT THIS AGE >>>

**How They Understand Prayer** Your child is probably remarkably more verbally articulate than when he or she was younger, and more capable of true conversation. The implication of this for prayer is that children's ability to use spontaneous, conversational styles of prayer grows if they have been taught how to do this. Because prayer is essentially "conversation with God," children who have been well-formed in prayer can really grow in their prayer lives during this time.



## CONSIDER THIS >>>

*Where do you spend the most time in prayer: in thanksgiving, asking, or praise?*

While we may find our prayer is frequently petition, or asking, prayer is necessary to grow in relationship with God. Using a variety of ways to pray, we can express to God what is in our hearts. As Catholics, we know "the Holy Spirit taught the Church the life of prayer and led her to deeper insights into basic ways of praying: adoration, petition, intercession, thanksgiving, and praise" (*USCCA* p. 467).

## LET'S TALK >>>

- Have your child describe how prayer and the Sacraments are part of our faith journey.
- Share with your child an experience in your life that helped you grow in faith.

## LET'S PRAY >>>



Saint Monica, help us follow your strong example of faith and constant, persistent prayer, especially for members of our family. Amen.



For a multimedia glossary of Catholic Faith Words, Sunday readings, seasonal and Saint resources, and chapter activities go to [aliveinchrist.osv.com](http://aliveinchrist.osv.com).