# FAMILY+FAITH

LIVING AND LEARNING TOGETHER

#### YOUR CHILD LEARNED >>>

This chapter teaches that Saints are people whom the Church declares have lived holy lives and are now with God in Heaven.

### **Scripture**



Read Matthew 5:14–16 to find out how living a life of holiness can light the way for others.

#### **Catholics Believe**

- The Church's holiness shines in the Saints. All who live their love of God are Saints.
- Mary is the perfect model of holiness, and she is called the Mother of the Church.

To learn more, go to the *Catechism of the Catholic Church* #828–829, 963, 967–970 at **usccb.org**.

### **People of Faith**

This week, your child learned about Saint Bernadette of Lourdes, to whom the Virgin Mary appeared.

#### CHILDREN AT THIS AGE >>>

**How They Understand the Saints** Your child is probably very interested in stories about the Saints. It is especially intriguing for children this age to hear about Saints who were young or who acted heroically in challenging circumstances. Your child can also understand that the Saints were not perfect, but they allowed God to use them and to form them into what he called them to be.



#### **CONSIDER THIS >>>**

Who in your life is open to God's will like Mary?

Saints are ordinary people who live extraordinarily faith-filled lives. Mary's willingness to obey God makes her the perfect model. As Catholics, we know that Mary "occupies a place in the Church which is the highest after Christ and yet very close to us" (Lumen Gentium, 54). When God calls Mary to be the Mother of his Son, she consents with deep faith and trust. She is the first and greatest of the disciples (Based on USCCA p. 143).

# LET'S TALK >>>

- Ask your child to explain why Mary is the perfect model of holiness.
- Share a story about a Saint who means a lot to you or talk about ways your family can honor the Saints.

# LET'S PRAY >>>



Immaculate Mary, keep us safe under your protection. Amen.



For a multimedia glossary of Catholic Faith Words, Sunday readings, seasonal and Saint resources, and chapter activities go to aliveinchrist.osv.com.