

YOUR CHILD LEARNED >>>

This chapter defines liturgy, examines worship as a natural response to God's loving goodness, and identifies the ways in which the Holy Trinity is at work in the Mass.

Scripture



Read **Philippians 4:4–7** to find out what Saint Paul writes about prayer.

Catholics Believe

- Prayer and worship are ways to show love for God and to thank him for his blessings.
- When we pray and worship, God fills us with joy, strength, and hope.

To learn more, go to the *Catechism of the Catholic Church* #1077–1083, 2637, 2638, 2648 at usccb.org.

People of Faith

This week, your child learned about Saint Cecilia, who is the patron Saint of music and musicians.

CHILDREN AT THIS AGE >>>

How They Understand Prayer Children at this age might think of prayer as memorized pages they recite to God. However, their increasing ability to communicate what is on their minds makes this an ideal time to encourage them to pray to God in their own words as well. In this way, they can begin to understand prayer as conversation with a friend.



CONSIDER THIS >>>

What would you most want for your child—to be joyful, to be strong, or to be hopeful?

Most parents want all three! The good news is that our children can have all three. As Catholics, we know that when people pray and worship, God fills them with joy, strength, and hope (see CCC 1082). That is why helping your child become a good prayer and choosing to celebrate Mass on Sunday in your parish community will not only give God his due, but it will also shape your child's heart with the joy, strength, and hope they will need to walk the path of life.

LET'S TALK >>>

- Ask your child to explain worship as a natural response to God's loving goodness.
- Discuss the importance of worship being centered in a community of faith.

LET'S PRAY >>>



Dear God, help us be like Saint Cecilia and sing your praises in both the happy and sad times of our lives. Amen.



For a multimedia glossary of Catholic Faith Words, Sunday readings, seasonal and Saint resources, and chapter activities go to aliveinchrist.osv.com.