

TALKING ABOUT HOLY WEEK >>>

Holy Week is the holiest week of the Church year. It begins on Palm Sunday and continues until Evening Prayer on Easter Sunday. The Triduum or “three days” mark the most sacred time of Holy Week. It begins at sundown on Holy Thursday and ends at sundown on Easter Sunday. During these three days the whole Church fasts and prays with anticipation and hope. Christ’s Resurrection is celebrated in a most solemn way during the Easter Vigil. During this long and beautiful service, Catholics recall the history of our salvation, welcome new members to the Church, and celebrate Christ’s Resurrection.

God’s Word



Read **1 Corinthians 11:23b-26**, to see Saint Paul’s description of the breaking of the bread at the Last Supper.

HELPING YOUR CHILD UNDERSTAND >>>

Holy Week

- Most children this age see this week as a serious one and will be open to celebrating its sacredness.
- Ordinarily at this age the Cross or Crucifix is an important symbol for children.
- Children at this age will usually enjoy role-playing or acting out the stories of the Passion. Encourage them to do this with respect.



CATHOLIC FAMILY CUSTOMS >>>

The Cross

This week’s lesson teaches about the importance of the Cross as a means of salvation. It makes the point that each person does difficult things, or “carries a cross” at some point.

- Reinforce this idea when your child has a difficult task to face, such as giving up a treat or tolerating a medical procedure.
- Honor the Crosses and Crucifixes in your home by making sure to dust and clean them.

FAMILY PRAYER >>>



Lord God, Savior of the world, by your Cross and Resurrection you have set us free. We give you thanks and praise. Amen.



For a multimedia glossary of Catholic Faith Words, Sunday readings, seasonal and Saint resources, and chapter activities go to aliveinchrist.osv.com.