



Family + Faith Session

Preparation

THE HUMAN PERSON CHRISTIAN ANTHROPOLOGY

Adapt the plan for your group as needed. There are several activities to choose from. Doing this entire plan takes about 60 minutes, plus time for refreshments and fellowship. If you have less time than that, select the activities that are most appropriate for your families.

1. Intro and opening prayer **(8 minutes)**
2. Icebreaker cards **(4-6 minutes)**
3. Scripture activity **(9-12 minutes)**
4. Beatitudes Cube activity **(10-15 minutes)**
5. Beatitude sorting activity **(4-5 minutes)**
6. Faith in Action **(4-6 minutes)**
7. Wrap-up, extension, closing prayer, and sending forth **(7-10 minutes)**
8. Refreshments and fellowship – before the session, as a break in the middle, or at the end **(15 minutes)**

© Our Sunday Visitor

Invite families to attend this celebration as a family, parents, children of all ages, and even grandparents are invited and welcome. Arrange for a room where they can all be seated at tables. It is fine, and even preferred, if tables are large enough to seat two families.

Arrange for simple **refreshments** prior to the activity, for gathering and fellowship.

Every family needs a **Bible**.

Gather **supplies** as needed: every family needs pens, pencils, scissors, clear tape, and markers.

Prepare materials:

- Copy the **human body outline**, one per person.
- Copy the **Beatitude cube templates**, one per family on cardstock.
- Copy the **Beatitude sorting cards**, one per family, on colored paper. Cut them apart. Paperclip the sets together or put them in a small baggie or envelope.

- Copy the **icebreaker scenario cards**, one per family, and cut them apart. Paper clip or put them in baggies or small envelopes.
- Copy the **Ways to Worship with our Bodies** pages, one per family – they're two to a page, so print half as many as your number of families. Cut in half.