

Sacraments of Healing

Preparation for the Session

Turn to Page 241,
the Family + Faith page.
Vivos en Cristo, Page 483

In this chapter you will cover the following objectives:

- Reflect on the connection between faith and healing
- Recognize that God's forgiveness and healing are given through the Sacraments of Healing
- Understand that in Penance and Reconciliation, you confess your sins to a priest and are forgiven in the name of Christ, while in the Anointing of the Sick, the priest prays that God will send you his healing love

Read the **Consider This** feature. What thoughts or reactions do you have to the opening question?

Parents, Consider This: *Illness and sin are a very real part of life. Every person in your family will, at one point or another, know the feelings of helplessness, powerlessness, and despair that are part of the human condition. During these times of physical and spiritual need, the Church reaches out to reveal the goodness and power of God's grace. In the Sacraments of Healing, the Church mediates God's forgiveness and healing. Within the Body of Christ, we can find strength, rest, and freedom. These are gifts to your family and will help you have the grace to move through difficult times in life.*

Read these other sections on the Family + Faith Page.

- *Your Child Learned.* This highlights some of the content of Sacred Scripture and Tradition in the chapter.
- *Children At This Age.* This will help you to understand how your child processes and learns at this developmental level.



Let's Sing: These songs connect the session topics and can be downloaded from aliveinchrist.osv.com.

- Heal Us, Lord
- Coming Back Together

INVITE: Encountering God in His Word

Turn to Page 233,
Sacraments of Healing
Vivos en Cristo, Page 467

After gathering the supplies that you will need, find a quiet place to be with your child. This is a sacred time—a time when you will be present to each other and to the Lord. You may want to light a candle as you begin.



Let Us Pray Invite your child to make the Sign of the Cross. Read aloud the Psalm verse from the book. Help your child to respond.

Explain that Jesus was sad when he saw people who were hungry, hurt, or sick. He wanted everyone to be well and have what they needed.

Say: In God's Word, we will hear about people who wanted to be close to Jesus.



Guide your child through the Preparing for God’s Word Ritual you learned in the Introduction Session or play Track 1 of the *Songs of Scripture* CD.

- Proclaim God’s Word in the Parchment Paper box on the page.
- Maintain several moments of silence.
- Ask: What did you hear God say to you today?

Invite your child to respond and also share what you heard.

Now, look at the *What Do You Wonder?* box.

Say: The people believed that Jesus would make them better, that he would heal them. Today, Jesus gives us the healing we need through the Sacrament of the Anointing of the Sick and the Sacrament of Penance and Reconciliation.

Invite your child to respond to the questions. Prompt what else they might wonder about the Sacrament of the Anointing of the Sick and the Sacrament of Penance and Reconciliation.

DISCOVER: Learning God’s Truth

Turn to Page 234,
Jesus Heals
Vivos en Cristo, Page 469

Read aloud the opening question and paragraph.



Read the Scripture story in the Parchment Paper box. If there are enough people in your household, present it as a play.

Turn to Page 235,
Jesus Gives New Life
Vivos en Cristo, Page 471

Complete the reading of the Scripture story.

Ask: Why did Jesus want to help Jairus? (**Jairus had great faith.**) How is Jairus a role model for us? (**When we are troubled, we can remember that Jairus had great faith and that Jesus helped him and his daughter.**)

Turn to Page 236,
Church Membership
Vivos en Cristo, Page 473

Read the opening question and paragraph.

Parents, Consider This: *One of the greatest things we can learn in our family is to make peace with one another after you have wronged or been wronged by another person. Remind your child to recognize their faults and practice humility by asking forgiveness. Point out that, in forgiving, we become more like God. Encourage everyone in your family to leave the past behind and begin anew after reconciling with one another. Model these life practices for your child.*

Review the definition of the highlighted word, **Sacraments of Healing**, in the Catholic Faith Words box.

Read aloud the “Sacraments of Healing” Chart.

Turn to Page 237,
Sin and Sickness
Vivos en Cristo, Page 475

Read aloud the paragraphs.

★ **Do** the gold-star activity.

Activity

Have your child complete the Connect Your Faith activity.

Parents, Consider This: *Most of us usually experience healing for the first time within our families. We fall and scrape our knee. Someone comforts us and applies a Band-Aid. We cry out in the night with a bad dream and someone rushes to our side, assuring us that we are safe. Invite your child to share stories from your family when someone has been sick and recall who cared for them. Emphasize that these healing experiences can be similar to the healing experiences in the Church family.*

LIVE: Living Our Faith

Turn to Page 238,
Our Catholic Life
Vivos en Cristo, Page 477

Read aloud the opening question and paragraph.

Summarize the bullet points for your child.

Ask: When can you participate in Penance and Reconciliation?
(whenever you need to)

Turn to Page 239,
People of Faith
Vivos en Cristo, Page 479

Read the paragraph about Saint Marianne Cope.

- Share your reactions to the information.
- Talk about what you do when you are sick and how Jesus can make you feel better.

Activity

Have your child complete the Live Your Faith activity.

Parents, Consider This: *Your child may wonder why they must confess their sins when God's forgiveness is always available. Explain that the Sacrament of Reconciliation was given by Jesus to his followers to assure them that God is forgiving their sins. Reconciliation allows people to hear the words of God's forgiveness and mercy through the priest. The ways you live forgiveness and mercy in your day-to-day family life is how these gifts of our faith will take root in your child's heart.*

Turn to Page 241,
Family + Faith Page and
conclude with the Let's Pray
prayer on this page.
Vivos en Cristo, Page 483

Parents, Consider This: *It's important to form our children in the common language of prayer. We encourage you to pray Holy, Holy, Holy Lord during your night prayer this week.*

Holy, Holy, Holy Lord

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.



To access and send an eAssessment to your child, go to the Student and Family section of aliveinchrist.osv.com.