

# The Church's Guide

## Preparation for the Session

**Turn to Page 167,**  
the Family + Faith page.  
*Vivos en Cristo*, Page 335

In this chapter you will cover the following objectives:

- Learn that a guide helps us and shows us the way
- Recognize the Holy Spirit as the Third Divine Person of the Holy Trinity
- Discover Jesus' promise of the Holy Spirit to guide the Church
- Appreciate that Saint Thérèse loved God very much and worked for him through her little jobs. She called this "The Little Way"

**Read** the **Consider This** feature. What thoughts or reactions do you have to the opening question?

**Parents, Consider This:** *The Holy Spirit, the third Divine Person of the Holy Trinity, was promised to us by Jesus. Today he remains with us as our helper and guide. In the depths of anxiety and worry, the Holy Spirit can guide you to the light. Think about a time you were in need of God's love and guidance. Dealing with a difficult child, facing a hostile person, or living with ambiguity can present challenges. The Holy Spirit was at work in the kind words, or loving actions, that helped get you through this tough period. Helping your child to learn to trust in the presence of the Holy Spirit will give them both peace and security.*

**Read** these other sections on the Family + Faith Page.

- *Your Child Learned.* This highlights some of the content of Sacred Scripture and Tradition in the chapter.
- *Children At This Age.* This will help you to understand how your child processes and learns at this developmental level.



**Let's Sing:** These songs connect the session topics and can be downloaded from [aliveinchrist.osv.com](http://aliveinchrist.osv.com).

- The Holy Spirit
- Spirit Be With Us

## INVITE: Encountering God in His Word

**Turn to Page 159,**  
The Church's Guide  
*Vivos en Cristo*, Page 319

After gathering the supplies that you will need, find a quiet place to be with your child. This is a sacred time—a time when you will be present to each other and to the Lord. You may want to light a candle as you begin.



**Let Us Pray** Invite your child to make the Sign of the Cross. Read aloud the Psalm verse from the book. Help your child to respond.

**Explain** that the Holy Spirit guides us every day.

**Say:** The Holy Spirit guides us on our daily journey. Let's listen to a reading from the Bible to learn more.



**Guide** your child through the Preparing for God’s Word Ritual you learned in the Introduction Session or play Track 1 of the *Songs of Scripture* CD.

- Proclaim God’s Word in the Parchment Paper box on the page.
- Maintain several moments of silence.
- Ask: What did you hear God say to you today?

**Invite** your child to respond and also share what you heard.

Now, look at the *What Do You Wonder?* box.

**Say:** The Holy Spirit is given to us to guide us and he lives within us. Give your child an example of a time when you felt you were guided by the Holy Spirit.

**Invite** your child to respond to the questions. Ask what else he/she might wonder about the Holy Spirit.

### DISCOVER: Learning God’s Truth

**Turn to Page 160,**  
God the Holy Spirit  
*Vivos en Cristo*, Page 321

**Ask** your child to recall a time when they or your family had a guide. (*on a vacation, at a park, on a field trip*) Emphasize that guides lead us and teach us. Read aloud the first paragraph.

**Ask** your child to read aloud the definition of the word **Holy Spirit**.

**Remind** him/her that the Holy Trinity is God the Father, God the Son, and God the Holy Spirit.

**Read** the second paragraph.

**Ask:** Who is the guide that helps you stay close to God the Father and Jesus?

**Refer** to page 316 in the Our Catholic Tradition reference section in the back of the Student Book. Point out that the Glory Be is a prayer to the Holy Trinity.

**Read** aloud the introductory paragraph.

**Tell** your child that Jesus knew he would leave his followers one day and return to God his Father. He promised his followers a guide to be with them always.



**Proclaim** “Jesus Promises the Holy Spirit.”

**Discuss** how Jesus’ followers would have felt after hearing Jesus’ words. How would you feel if you knew that you had someone that would always be there to help you?

**Turn to Page 161,**  
The Work of the Holy Spirit  
*Vivos en Cristo*, Page 323

**Read** the last paragraph.

★ **Complete** the gold-star activity.

## Activity

**Read** aloud the directions for the Share Your Faith activity and complete the activity.

**Turn to Page 162,**  
Ways to God  
Vivos en Cristo, Page 325

**Tell** your child about a person in your life that showed you the way to God. Ask them if they have any examples.

**Say:** You are going to learn about a person who helped others find God.

**Read** aloud “The Little Way” (continued on page 163).

★ **Complete** the gold-star activity.

**Ask** your child what Saint Thérèse’s little way was. Then have your child name examples of things he/she can do every day to follow the little way.

**Teach** your child to sing the following words to the tune of “Here We Go ‘Round the Mulberry Bush.”

*Thérèse, Thérèse, your little way,  
your little way, your little way.  
Thérèse, Thérèse, your little way,  
can guide us all to God.*

**Turn to Page 163,**  
The Little Way (cont’d)  
Vivos en Cristo, Page 327

**Read** aloud the content on the page.

**Emphasize** that both the Holy Spirit and the Saints can keep us close to God.

## Activity

**Point** out the Connect Your Faith activity. Have your child solve the puzzle.

**Parents, Consider This:** *The Holy Spirit is the source of all that we need to live in right relationship with God and with each other. In other words, it is the presence of the Holy Spirit that will make your home happy and peaceful. Asking the Holy Spirit’s help should be a regular part of your family life. Drawing attention to the working of the Holy Spirit in the words and actions of love in your family will help everyone become more aware of God’s presence.*

## LIVE: Living Our Faith

**Turn to Page 164,**  
Our Catholic Life  
Vivos en Cristo, Page 329

**Ask:** How does the Holy Spirit help you?

**Read** aloud the first paragraph.

**Now**, read aloud the words in the first column. Invite your child to join you in reading aloud the second column.

**Return** to the first column and ask your child to help you think of people in your family, including your extended family, who show these gifts. Write their name in the box for the gift that they show.

**Turn to Page 165,**  
People of Faith  
Vivos en Cristo, Page 331

**Read** the paragraph about Saint Rose of Lima.

- Share your reactions to the information.
- Talk about some ways your family can use the Gifts of the Holy Spirit.

## Activity

**Have** your child complete the Live Your Faith activity.

**Turn to Page 167,**  
Family + Faith Page and  
conclude with the Let's Pray  
prayer on this page.  
Vivos en Cristo, Page 335

**Parents, Consider This:** *It's important to form our children in the common language of prayer. We encourage you to pray the Prayer to the Holy Spirit during your night prayer this week.*

### Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful.

And kindle in them the fire of your love.

Send forth your Spirit and they will be created.

And you will renew the face of the earth.

Let us pray.

Lord, by the light of the Holy Spirit you have taught the hearts of your faithful. In the same Spirit help us to relish what is right and always rejoice in your consolation.

We ask this through Christ our Lord. Amen.



To access and send an eAssessment to your child, go to the Student and Family section of [aliveinchrist.osv.com](http://aliveinchrist.osv.com).