

# Remembering Jesus' Sacrifice

## Preparation for the Session

**Turn to Page 251,**  
the Family + Faith page.  
*Vivos en Cristo*, Page 503

In this chapter you will cover the following objectives:

- Explain the Mass as a memorial celebration of Jesus' Death, Resurrection, and Ascension
- Describe Jesus' Death on the Cross as a sacrifice and a gift that saves all people from the power of sin and everlasting death
- Appreciate the Liturgy of the Eucharist as the second main part of the Mass in which we receive Holy Communion
- Discover how the gifts of bread and wine become the Body and Blood of Jesus Christ

**Turn to Page 243,**  
Remembering Jesus' Sacrifice  
*Vivos en Cristo*, Page 487

**Read** the **Consider This** feature. What thoughts or reactions do you have to the opening question?

**Parents, Consider This:** *The Sacrament of the Eucharist is so vital to the Church that the Second Vatican Council called it the "source and summit of the Christian life" (Lumen Gentium, 11). Faith develops from participation, reverence, and love of the Eucharist. How does your family show the importance of this Sacrament?*

**Read** these other sections on the Family + Faith Page.

- *Your Child Learned.* This highlights some of the content of Sacred Scripture and Tradition in the chapter.
- *Children At This Age.* This will help you to understand how your child processes and learns at this developmental level.



**Let's Sing:** These songs connect the session topics and can be downloaded from [aliveinchrist.osv.com](http://aliveinchrist.osv.com).

- We Proclaim Your Death, O Lord
- Jesus, You Are Bread for Us

## INVITE: Encountering God in His Word

After gathering the supplies that you will need, find a quiet place to be with your child. This is a sacred time—a time when you will be present to each other and to the Lord. You may want to light a candle as you begin.



**Let Us Pray** Invite your child to make the Sign of the Cross. Read aloud the Psalm verse from the book. Help your child to respond.

**Explain** that Jesus reminds us that God needs to be first in our lives.

**Say:** Listen to hear what Jesus tells us we need to sacrifice in order to follow him.



**Guide** your child through the Preparing for God’s Word Ritual you learned in the Introduction Session or play Track 1 of the *Songs of Scripture* CD.

- Proclaim God’s Word in the Parchment Paper box on the page.
- Maintain several moments of silence.
- Ask: What did you hear God say to you today?

**Invite** your child to respond and also share what you heard.

Now, look at the *What Do You Wonder?* box.

**Say:** Sometimes the things that we have, like our games or our toys, can distract us from following Jesus. If we spend too much time playing, or wanting more things, we take time away from getting to know Jesus.

**Invite** your child to respond to the questions. Prompt what else they might wonder about keeping God first in their lives.

## DISCOVER: Learning God’s Truth

**Turn to Page 244,**  
Making Sacrifices  
*Vivos en Cristo*, Page 489

**Read** aloud the opening question. Have your child follow along as you read the definition of **sacrifice** from the Catholic Faith Words box.

**Read** the opening paragraph.



**Proclaim** the Scripture story in the Parchment Paper box. Invite your child to explain why the young man went away sad?

**Read** aloud the last paragraph.

**Ask:** What is a time you had to give up something for someone else?



**Do** the gold-star activity.

**Parents, Consider This:** *In the story of the Rich Young Man, Jesus asks us to place God first in our lives. Help your child understand the difference between want and need. Encourage family discussions about “How much is too much?” Ask questions such as, “Is eating dinner every night too much?” (No.) “Is eating dessert after every meal too much?” (Yes.) Weaving questions such as “Do you think our family wants this or needs this?” will help your family learn to distinguish the difference.*

**Turn to Page 245,**  
The Greatest Gift  
*Vivos en Cristo*, Page 491

**Show** your child a crucifix you have in your home (or a picture of one).

**Ask:** What does a crucifix help us remember?

**Read** aloud the three paragraphs.

**Ask:** How do we remember and celebrate Jesus' Death and Resurrection?  
(On Easter and every Sunday we celebrate a "little Easter.")

**Read** the definition of the **Last Supper** in the Catholic Faith Words box on page 244.

## Activity

**Have** your child complete the Share Your Faith activity.

**Parents, Consider This:** *The Mass is a memorial celebration of Jesus' Death, Resurrection, and Ascension. Jesus' sacrifice is a gift that saves all people from the power of sin and everlasting death. Jesus showed us how sacrificing for another can be an act of love. In your everyday conversations, affirm and thank members of your family for the sacrifices they make for others.*

**Turn to Page 246,**  
Liturgy of the Eucharist  
*Vivos en Cristo*, Page 493

**Read** aloud the opening question and first paragraph. Have your child place a finger on the word **Liturgy of the Eucharist** in the text. Read its definition in the Catholic Faith Words box.

**Read** the second paragraph.

**Ask:** Who prepares the gift? (**the priest**)

**Read** aloud the beginning of the third paragraph. Have your child read the "All" part as you read the part for the "Priest."



**Do** the gold-star activity.

**Parents, Consider This:** *The word Eucharist means "thanksgiving." Cultivate an appreciation for the sacrifice Jesus made for us. Discuss how you are grateful for Jesus' sacrifice. Also, think of ways we can practice showing gratitude and appreciation for family members and friends.*

**Turn to Page 247,**  
The Eucharistic Prayer  
*Vivos en Cristo*, Page 495

**Write** the word "Eucharist." Remind your child that Eucharist means "thanksgiving." Ask your child what we are giving thanks for when we celebrate the Eucharist.

**Read** aloud the paragraphs. Ask your child what he or she learned about the Eucharistic prayer. Remind your child that we give thanks to God for sending Jesus, whose Body and Blood become present in the Sacrament.

**Have** your child place a finger on the word **consecration**. Read its definition in the Catholic Faith Words box.

# Activity

Have your child complete the Connect Your Faith activity.

## LIVE: Living Our Faith

**Turn to Page 248,**  
Our Catholic Life  
*Vivos en Cristo*, Page 497

**Read** aloud the opening question and the two paragraphs.

**Direct** your attention to the chart, “The Mystery of Faith.” Invite your child to join you in reading aloud each version of the Mystery of Faith. Have your child mark the ones he or she recognizes.

**Turn to Page 249,**  
People of Faith  
*Vivos en Cristo*, Page 499

**Read** the paragraph about Blessed Imelda Lambertini.

- Share your reactions to the information.
- Talk about one message about Jesus you can share with someone else.

**Turn to Page 251,**  
Family + Faith Page and  
conclude with the Let’s Pray  
prayer on this page.  
*Vivos en Cristo*, Page 503

**Parents, Consider This:** *It’s important to form our children in the common language of prayer. We encourage you to pray Holy, Holy, Holy Lord (see Page 323), during your night prayer this week.*



To access and send an eAssessment to your child, go to the Student and Family section of [aliveinchrist.osv.com](http://aliveinchrist.osv.com).