

# One and Holy

## Preparation for the Session

**Turn to Page 173,**  
the Family + Faith page.  
*Vivos en Cristo*, Page 347

In this chapter you will cover the following objectives:

- Recognize the Marks of the Church as four characteristics that identify Christ's Church: one, holy, catholic, and apostolic
- Describe Pentecost as the feast that celebrates the coming of the Holy Spirit
- Discuss how the Holy Spirit continues to unify the Church and make her holy
- Define the Communion of Saints as everyone who believes in and follows Jesus

**Read** the **Consider This** feature. What thoughts or reactions do you have to the opening question?

**Parents, Consider This:** *How often do you watch family videos about special events? Probably not enough. Those moments are the anchors of our lives; they are the experiences that define us as persons. Baptism is one of those sacred moments in our faith journey that must be remembered often, as it was the moment we were shaped and formed into the Body of Christ. Actually, Baptism is more than an event to be remembered; it defines how we live each day. Imagine some ways to celebrate the anniversary of Baptism for each member of the family; a special meal, a special treat, and, most importantly, a time to retell the story of the day. Maybe even watch that video!*

**Read** these other sections on the Family + Faith Page.

- *Your Child Learned.* This highlights some of the content of Sacred Scripture and Tradition in the chapter.
- *Children At This Age.* This will help you to understand how your child processes and learns at this developmental level.



**Let's Sing:** These songs connect the session topics and can be downloaded from [aliveinchrist.osv.com](http://aliveinchrist.osv.com).

- Come to Us Holy Spirit
- Around Your Throne

## INVITE: Encountering God in His Word

**Turn to Page 165,**  
One and Holy  
*Vivos en Cristo*, Page 331

After gathering the supplies that you will need, find a quiet place to be with your child. This is a sacred time—a time when you will be present to each other and to the Lord. You may want to light a candle as you begin.



**Let Us Pray** Invite your child to make the Sign of the Cross. Read aloud the Psalm verse from the book. Help your child to respond.

**Explain** that we use the word *church* to talk about a building, but it's important to remember that the word *Church* (with a capital C) means the baptized people who are disciples of Jesus.

**Say:** Let's listen to hear what Saint Paul said about the Church.



**Guide** your child through the Preparing for God's Word Ritual you learned in the Introduction Session or play Track 1 of the *Songs of Scripture* CD.

- Proclaim God's Word in the Parchment Paper box on the page.
- Maintain several moments of silence.
- Ask: What did you hear God say to you today?

**Invite** your child to respond and also share what you heard.

Now, look at the *What Do You Wonder?* box.

**Say:** Jesus sent his Spirit to the Twelve on the Feast of Pentecost. The Holy Spirit made the Apostles one community and gave them the courage to tell the Good News about Jesus. The Holy Spirit does the same for you.

**Invite** your child to respond to the questions. Ask what else they might wonder about God's life and love and how he shares them with us.

### DISCOVER: Learning God's Truth

**Turn to Page 166,**  
United as One  
*Vivos en Cristo*, Page 333

**Read** aloud the paragraphs.

**Ask** your child to read the three captions above the illustration. Pause between each caption to discuss the following:

- what your child sees in the photographs
- which countries the photographs were taken in
- the countries location on the map

**Turn to Page 167,**  
Identifying Characteristics  
*Vivos en Cristo*, Page 335

**Read** aloud the definitions of the Catholic Faith Words **Marks of the Church, one, holy, catholic, and apostolic.** Give your child five index cards. Have your child write each of the words on the five separate cards. They should add their definitions to the back of each card. Keep the cards for review.

**Read** the paragraph as your child follows along.

**On** a separate sheet of paper, have your child draw a bicycle wheel. Ask him/her to write Jesus name on the hub of the wheel. Use the wheel to explain how we are "one." (In Baptism, I become one with Christ. I am a spoke on the wheel. I do not directly relate to someone else. My spoke is not directly connected to another spoke. My spoke connects to another through the hub. We are all connected to each other through Christ.)

**Turn to Page 168,**  
Made Holy  
*Vivos en Cristo*, Page 337

**Set** the stage for the Scripture story by explaining that the Apostles did not yet feel Jesus' presence after his Ascension.



**Proclaim** the Scripture story.



**Complete** the gold-star activity.

**Ask:** What happened after the Holy Spirit came to the Apostles at Pentecost?

**Share** with your child a time when the Holy Spirit helped you to do something that you were afraid to do. (stick up for someone being picked on; saying no when a friend asked you to do something wrong)

**Point** out that the arrival of the Holy Spirit fulfilled Jesus' promise to the Apostles.

**Turn to Page 169,**  
Communion of Saints  
*Vivos en Cristo*, Page 339

**Read** aloud the first paragraph.

**Ask** your child to underline what the Holy Spirit does.

**Return** to your drawing of the bicycle wheel. Explain that the Holy Spirit works at Baptism to make you one with Jesus. It is the Holy Spirit that guides you to follow Jesus more closely.

**Ask** your child to write people's names on some of the spokes.

**Have** your child read aloud the second paragraph. Explain that unity and holiness are not limited to the earthly Church.

**Read** the last paragraph.

**Ask:** Whom do you know that belongs to the Communion of Saints?

**Return** to your bicycle wheel and write some names of the Saints on the empty spokes. For assistance, review the People of Faith from previous lessons.

## Activity

**On** the opposite side of the paper where the bicycle wheel was drawn, have your child write down five questions he/she would like to ask a Saint?

**Parents, Consider This:** *At the Baptism of your child, you committed yourself to helping your child grow in the understanding of the miracle that had happened in that sacred moment. His/her life was forever joined to Christ. If we continue to reflect on the image of the bicycle wheel, it helps us to understand that there is nothing in our lives that does not flow through Christ. Our connection to our families, friends, neighbors, and strangers happens through our center (hub), Christ, himself. The deeper we grow in relationship to Christ, the more capable we become of living our mission—to serve in his name.*

## LIVE: Living Our Faith

**Turn to Page 170,**  
Our Catholic Life  
*Vivos en Cristo*, Page 341

**Read** aloud the first paragraph.

**Take** turns reading one stripe in the chart.

**Remind** your child that the Saints are special people. They are beautiful examples of how to lead holy lives in service to God and others.

**Point** out that many Saints led interesting lives and that children can learn a great deal from them.

**Turn to Page 171,**  
People of Faith  
*Vivos en Cristo*, Page 343

**Read** the paragraph about Saints Perpetua and Felicity.

- Share your reactions to the information.
- Discuss a Saint who is important to a member of your family and talk about the special “friendship” between that person and the Saint.

## Activity

**Ask** your child to complete the Live Your Faith activity.

**Turn to Page 173,**  
Family + Faith Page and  
conclude with the Let’s Pray  
prayer on this page.  
*Vivos en Cristo*, Page 347

**Parents, Consider This:** *It’s important to form our children in the common language of prayer. We encourage you to pray the Prayer to the Holy Spirit (see Page 323), during your night prayer this week.*



To access and send an eAssessment to your child, go to the Student and Family section of [aliveinchrist.osv.com](http://aliveinchrist.osv.com).