



Family + Faith Session

# Preparation

## MISSIONARY DISCIPLESHIP

Adapt the plan for your group as needed. There are several activities to choose from. Doing this entire plan takes about 70 minutes, plus time for refreshments and fellowship. If you have less time than that, select the activities that are most appropriate for your families.

1. Intro and ice breaker **(4-6 minutes)**
2. Opening Prayer **(2 minutes)**
3. Card of Caring **(10 minutes)**
4. Scripture and discussion **(8-12 minutes)**
5. Lectio Divina **(10-12 minutes)**
6. Mass discussion **(10 minutes)**
7. Corporal Works of Mercy game **(10-12 minutes)**
8. Wrap-up, extension, closing prayer, and sending forth **(5-6 minutes)**
9. Refreshments and fellowship – before the session, as a break in the middle, or at the end **(15 minutes)**

**Invite families** to attend this celebration as a family, parents, children of all ages, and even grandparents are invited and welcome. Arrange for a room where they can all be seated at tables. It is fine, and even preferred, if tables are large enough to seat two families.

Adapt the **slideshow**, or make your own, to clarify directions and enhance the lessons, including only slides to accompany the options you choose.

Arrange for simple **refreshments** prior to the activity, for gathering and fellowship.

Every family needs a **Bible**.

Gather **supplies** as needed: families will need pens, pencils, and markers, and a small marker for a board game, like a paper clip.

Prepare materials:

Copy the **Live Like Jesus** pages, one per family. It's a two-sided document. Hand it to participant with the title side facing up.

Copy the **Corporal Work of Mercy gameboards**, one per family.

Copy the **Corporal Work of Mercy game cards**, one per family. Cut them into columns and then rectangles. Mix and paperclip them together, or put them in a small baggie or envelope.

Copy the **Mass Reflection booklets**, one per person, and fold them in half.