

YOUR CHILD LEARNED >>>

This chapter explains free will as a gift from God and the Ten Commandments as God's laws that tell us how to love God and others.

God's Word



Read **Luke 10:25–28** to find out what Jesus said is the most important Commandment.

Catholics Believe

- The Ten Commandments are God's laws to help people love him and others.
- God gives people the freedom to choose.

To learn more, go to the *Catechism of the Catholic Church* #2056–2060 at usccb.org.

People of Faith

This week, your child met Saint Frances Cabrini, the first American citizen to be canonized. Saint Frances wanted to be a missionary to China, but came to the U.S. instead.

CHILDREN AT THIS AGE >>>

How They Understand Making Choices Rules are very important to children at this age. They are just beginning to understand cause and effect, the idea that the world works according to certain rules, so they tend to form their ideas about various places and situations based on what the rules are. They also become distressed when someone else is not following the rules, even when it does not directly impact them. You can help your child make good choices by providing him or her with clear, developmentally appropriate, and consistent guidelines for behavior.



CONSIDER THIS >>>

What moves you to do the right thing, to choose what is good?

Sometimes we know the right thing to do, but we aren't brave enough or motivated enough to do so. Living in right relationship with God helps us to live in right relationship with others. The Holy Spirit will give you the grace to do God's will. "The moral life requires grace...the grace that comes to us from Christ in The Spirit is as essential as love and rules and, in fact, makes love and keeping the rules possible" (*USCCA, p. 318*).

LET'S TALK >>>

- Ask your child to talk about some choices he or she has made recently.
- Talk about doing something you didn't want to do at first, but that later turned out to be the right thing to do.

LET'S PRAY >>>



Saint Frances Cabrini, pray for us that we may make the right choices and always obey our mothers and fathers. Amen.



For a multimedia glossary of Catholic Faith Words, Sunday readings, seasonal and Saint resources, and chapter activities go to aliveinchrist.osv.com.