

## TALKING ABOUT ADVENT >>>

Advent is the first four weeks of the Church year. The physical darkness we experience during these short December days symbolizes the spiritual darkness of the time before Christ's birth. During the four weeks of Advent, the priest wears purple vestments. Purple is the color of royalty as we await the coming King. It is also the color for mourning and penance.

### God's Word



Read **Romans 13:12-13** to find how Paul encouraged early Christians to live by Jesus' Greatest and New Commandment.

## HELPING YOUR CHILD UNDERSTAND >>>

### Advent

- Typically, at this age children are beginning to understand the consequences of being ready or not being ready on time.
- Usually they need some help expanding their concrete experiences of darkness and light to encompass abstract meanings of darkness and light.
- Help your child recall a time when they or you were able to make someone who was sad or lonely smile.



## FEASTS OF THE SEASON >>>

### Feast of Saint Lucy

December 13

Her name means light. On her feast, Scandinavian people practice the custom of processions led by one girl wearing a crown of candles (or lights), while others in the procession hold only a single candle each. All bring treats to be shared.

## FAMILY PRAYER >>>



Jesus, we are waiting for you to come into our hearts. Help us prepare for you by helping others. Let us share your light by serving others. Amen.



For a multimedia glossary of Catholic Faith Words, Sunday readings, seasonal and Saint resources, and chapter activities go to [aliveinchrist.osv.com](http://aliveinchrist.osv.com).