

# FAMILY+FAITH

LIVING AND LEARNING TOGETHER

## YOUR CHILD LEARNED >>>

This chapter explains how we worship as Catholics and the special place of the Eucharist among the Seven Sacraments.

### God's Word



Read **Mark 6:34–42** and talk about how God gives you what you need.

### Catholics Believe

- The celebration of the Eucharist is the Church's most important form of worship.
- In the Eucharist, the Church remembers what Jesus said and did at the Last Supper and receives the Body and Blood of Christ.

To learn more, go to the *Catechism of the Catholic Church* #1333, 1407 at [usccb.org](http://usccb.org).

### People of Faith

This week, your child met Saint Mary MacKillop, the first Saint from Australia. Point out the continents on a map and talk about how there have been Saints from every part of the world.

## CHILDREN AT THIS AGE >>>

**How They Understand the Mass** The Mass is the gathering of the parish community to remember and be present with Jesus Christ. At Mass, we gather to praise God and give him thanks for the many gifts he has given us, most especially the gift of Jesus' Body and Blood. This understanding of the Mass as a community celebration and the vehicle Jesus has chosen to be continually present with us is an important one to children this age who are developing in their understanding of community.



## CONSIDER THIS >>>

Why do you teach your children to say thank-you?

Gratitude has its own rewards. It creates a loving connection to those we thank. It acknowledges that we understand the value of the gift. If we pay attention to our lives, we begin to recognize that everything is a gift from God. Our hearts fill to the point of bursting—with gratitude. We devotedly participate in Mass to say thank-you. "The Eucharistic sacrifice is offered to adore and thank God, to pray for all our needs, and to gain pardon for our sins" (*USCCA*, p. 221). As a result of our participation, our relationship with God intensifies.

## LET'S TALK >>>

- Explain that the Mass is the same no matter where you go.
- Share what you find most meaningful in the Mass and then have your child do so as well.

## LET'S PRAY >>>



Dear God, Saint Mary MacKillop brought God's Word to different parts of the world. Help us to worship you with our minds, our hearts, and our bodies at Mass. Amen.



For a multimedia glossary of Catholic Faith Words, Sunday readings, seasonal and Saint resources, and chapter activities go to [aliveinchrist.osv.com](http://aliveinchrist.osv.com).